**Action Song: Can you Move with Me?**  
(tune: Do your ears hang low?)  
Can you wiggle like a worm?   
Can you squiggle? Can you squirm?   
Can you flutter? Can you fly like a gentle butterfly?  
Can you crawl upon the ground  
Like a beetle that is round?

Can you move with me?  
Can you flip? Can you flop?  
Can you give a little hop?  
Can you slither like a snake?  
Can you give a little shake?  
Can you dance like bee  
Who is buzzing round a tree?  
Can you move with me?

**Action Song: Dance Like Snowflakes**  
(Frere Jacques)  
Dance like snowflakes   
Dance like snowflakes   
In the air   
In the air   
Whirling, twirling, snowflakes   
Whirling, twirling, snowflakes   
Here and there   
Here and there.

**Action Rhyme; Time for Dance**

It’s time for Dance and lots of fun

So, let’s stand up and now we run

Run, run, run, run, run, run, run, run

Run, run, run, run, run, run, run, run

Run, run, run, run, run, run, run, run

Run, run. NOW STOP!

It’s time to slow down so we’ll walk

So let’s start moving but don’t talk

Walk, walk, walk, walk, walk walk

Walk, walk, walk, walk, walk, walk. NOW STOP!

So now we’re tired and now we’ll stop

By sitting down and being quiet

Shh, shh, shh, shh, shh, shh, shh

Shh, shh, shh, shh. NOW STOP!

Musical Props

Action Song: Let's All Twirl

Sung to "The Mulberry Bush"

Let's all twirl with our scarves today.

Scarves today, Scarves today.

Let's all twirl with our scarves today.

All around the room.

Let's all dance with our scarves today.

Scarves today. Scarves today.

Let's all dance with our scarves today.

All around the room.

Let's all march with our scarves today.

Scarves today, Scarves today

. Let's all march with our scarves today.

All around the room.

Let's all run with our scarves today.

Scarves today, scarves today.

Let's all run with our scarves today.

All around the room.

Instuments:

Ring Your Bells or shaker eggs

(Sung To: Jimmy Crack Corn)

shake our eggs and stomp your feet

shake our eggs and stomp your feet

shake our eggs and stomp your feet,

It’s fun to shake our eggs!

Repeat using…

shake our eggs and turn around . . .

shake our eggs and jump up high . . .

Shake shake shake and stop  
shake shake shake and stop  
Shake shake shake and stop!  
And then we'll shake some more

Loud and Quiet

(sung to “Oh My Darlin’ Clementine”)

Shaking loudly, Shaking loudly

Shaking loudly as can be

Shaking loudly, Shaking loudly

That is fun for you and me.

(Repeat with “quietly”)

We Shake Our Eggs Together

(sung to “The Farmer in the Dell”)

We shake our eggs together,

We shake our eggs together,

We shake our eggs together,

Because it’s fun to do!

Repeat using…

We shake our eggs up HIGH . . .

We shake our eggs down LOW . . .

We shake them in the MIDDLE

(We always get a little crazy shaking them in the

middle!)

Shake your shakers slo-w-ly, slo-w-ly, slo-w-ly, shake your shakers slo-w-ly, just like me.

Shake your shakers, quickly, quickly, quickly, shake your shakers quickly, just like me.

Shake your shakers, up high, up high, up high, shake your shakers up high, just like me.

Shake your shakers down low, down low, down low, shake your shakers down low, just like me.

Shake your shakers quietly, quietly, quietly, shake your shakers quietly, just like me.

Shake your shakers, LOUDLY, LOUDLY, LOUDLY, shake your shakers LOUDLY, just like me.

Criss cross

Shaker Song: Shaker Hop

Put your shaker in put your shaker out

Do the shaker hop, Hop hop hop

Put your shaker up put your shaker down

Do the shaker hop Hop hop hop

Put your left put your shaker right

Do the shaker hop. Hop hop hop

Shaker Song: Shaking Your Shakers

Shaking your shakers

Shake them up high

Shake them down low

Shake them side to side

Shaking your shakers

Shake them Quietly/loudly/fast/slow