

## Session 1: Talking

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**To the adults:** Welcome everyone to Ready, Set, Kindergarten! Over the next six weeks, we will be teaching you easy ways to help get your child ready for Kindergarten while still having fun, sharing stories and singing songs. During each session we will be focusing on a different readiness skill and also introducing skills that your child will need in Kindergarten like learning to sit and listen, raising hands to ask questions, and working together with classmates.

Let me now give you a quick overview of what you can expect in each session. I will be sharing books, songs, rhymes, and activities with the kids throughout each session much like in a traditional library storytime. It is important that you, the grownups, stay engaged throughout because these sessions are just as much for you as they are for your kids and I will be giving you tips throughout. So I hope that you are here to learn and have fun too! At the end of each session, each kid will get a free book to take home and keep. Sound good?

Okay, let's start with a song!

**Song: Talk, Sing, Read, Write, Play**

Talk, sing, read, write, play

Talk, sing, read, write, play

Talk, sing, read, write, play

That's how we learn to read! (or your preferred ending)

**To the adults:** Today we are going to look the important early literacy practice of **TALKING**. Encouraging children to talk helps children develop the ability to describe things, and make predictions. Talking and observing is what scientists do, so your child is already a little scientist! Today we'll read some books that help children to describe what they see, hear and feel!

**Picture Book:** *Festival of Colors*, by Kabir Sehgal ( **Alternate:** *Green is a Chile Pepper: A Book of Colors*, by Roseanne Thong)

**To the adults: Go on a color hunt.** Searching for colors is a great way to get children talking about the world around them. Pick a color and hunt for it all day! Talk about the many shades, textures and forms that color comes in.

**Observation Song: What Color are You Wearing?**

**Tune: Mary Had a Little Lamb**

If you're wearing red today, red today, red today,

If you're wearing red today stand up and shout Hooray!

HOORAY!

(repeat for a few more colors)

**Picture Book or flannel:** *It Looked Like Spilled Milk* ( **Alternate:** *Puddle* by Hyewon Yum)

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**To the adults: Expand your mind!** Look at clouds together and imagine different shapes and objects. Notice and talk about the colors all around you. Choose books that encourage children to see things in their world in a different way, and talk about them together.

**Song:** Jump Up, Turn Around By Jim Gill (From: Jim Gill Sings Moving Rhymes for Modern Times)-on cd

**Picture Book:** *Guess What Pets: Busy Buddies*, by Felicia Macheske  
(Alternate: *I Spy Under the Sea* By Edward Gibbs)

**To the adults: What do you see?** Talk to your children about what they see...in books, in the sky, on the street, at the grocery store. This helps children expand their vocabulary, and communicate their ideas. You can go on an “I Spy” walk

**Song:** Here’s My Bag with Something Inside

**Tune:** Twinkle Twinkle Little Star

Here’s my bag with something inside, what could it be?  
Let’s open it up and take a look, tell me what you see.

**To the adults:** Today we focused on **TALKING, an important early literacy practice**. Find fun ways to talk with your child or get your child talking during the day. Make any activity into a conversation, and encourage their observations. If English isn't your first language, make sure to talk to your child in the language you know best. Have fun!

**Wave your Knees**

**Tune:** Twinkle Twinkle Little Star)

Wave your knees and wave your hips  
Blow a kiss with finger tips  
Wave your elbows, wave your toes  
Wave your tongue and wave your nose  
Wave up high and wave down low  
Story time is over, it’s time to go

**Craft Activity:** Make your own binoculars

- Toilet paper tubes
- Yarn
- Stickers for decorating

**Giveaway Book:** Red-eye Tree Frog and My 5 Senses