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**Resource List for K-12 School Staff, Students and Parents**

**General Information websites**:

MedlinePlus page on various health conditions regarding kids and teens

(also in Spanish and includes other languages for some topics)

<http://www.nlm.nih.gov/medlineplus/childrenandteenagers.html>

Nemours includes separate sections for parents, kids, teens and educators (also in Spanish)

<http://kidshealth.org/>

Alaska School Nurses Association medical resource page

<http://www.alaskasna.org/medical-resources.html>

Alaska Department of Health and Social Services

Information and resources for school nurses regarding school health

<http://dhss.alaska.gov/dph/wcfh/Pages/school/resources.aspx>

Alaska Department of Education and Early Development

<http://education.alaska.gov/>

**Immunizations/Vaccinations:**

MedlinePlus topic page on childhood immunizations

<http://www.nlm.nih.gov/medlineplus/childhoodimmunization.html>

Center for Disease Control (CDC) immunization schedule for children birth to 6 years old

<http://www.cdc.gov/vaccines/parents/downloads/milestones-tracker.pdf>

Center for Disease Control (CDC) immunization schedule for children 7 – 18 years old

<http://www.cdc.gov/vaccines/who/teens/downloads/parent-version-schedule-7-18yrs.pdf>

Parent information regarding immunizations and vaccines from the CDC

<http://www.cdc.gov/vaccines/parents/index.html>

CDC information on how to display vaccine information on your website  
<http://www.cdc.gov/vaccines/schedules/syndicate.html>

**Disabilities:**

MedlinePlus topic page on developmental disabilities

<http://www.nlm.nih.gov/medlineplus/developmentaldisabilities.html>

MedlinePlus topic page on learning disorders

<http://www.nlm.nih.gov/medlineplus/learningdisorders.html>

Not just focused on children but includes all ages and the wide range of various disabilities with information about work, school, civil rights, etc.

<https://www.disability.gov/>

Genetics Home Reference is a guide to understanding genetic conditions

<http://ghr.nlm.nih.gov/>

Information about Individualized Education Program (IEP)

<http://kidshealth.org/parent/growth/learning/iep.html>

**Disaster Planning:**

MedlinePlus page

<http://www.nlm.nih.gov/medlineplus/disasterpreparationandrecovery.html>

**For Schools:**

American Red Cross including information for students and families

<http://www.redcross.org/prepare>

American Library Association includes information for students

<http://www.ala.org/aasl/awards/beyond-words/preparedness>

NASN National Association of School Nurses

<https://www.nasn.org/ToolsResources/DisasterPreparedness>

Center for Disease Control (CDC)

<http://emergency.cdc.gov/children/schools.asp>

Alaska Department of Health and Social Services

<http://dhss.alaska.gov/dph/wcfh/Documents/disability/Resources/DisasterPreparednessGuidelinesForSchoolHealthServices.pdf>

**For families:**

Ready.gov is a national public service advertising (PSA) campaign to help individuals and families to be better prepared in the event of a disaster whether natural or human made

<http://www.ready.gov/>

American Red Cross

<http://www.redcross.org/prepare/location/home-family>

CDC Making a kit

<http://www.bt.cdc.gov/preparedness/kit/disasters/index.asp>

CDC making a plan

<http://www.bt.cdc.gov/preparedness/plan/>

**Food Allergies:**

**For schools:**

CDC includes information about voluntary guidelines for managing food allergies in schools

<http://www.cdc.gov/HealthyYouth/foodallergies/>

<http://www.cdc.gov/healthyyouth/foodallergies/pdf/13_243135_A_Food_Allergy_Web_508.pdf>

Food Allergy Research & Education (FARE), a non-profit organization, includes information for individuals and organizations

<http://www.foodallergy.org/resources/schools>

NASN resources for schools

<https://www.nasn.org/ToolsResources/FoodAllergyandAnaphylaxis>

**For Parents:**

MedlinePlus topic page on food allergies

<http://www.nlm.nih.gov/medlineplus/foodallergy.html>

KidsHealth page for parents including links about emergencies and testing

The website also has sections for kids and teens on food allergies

<http://kidshealth.org/teen/food_fitness/nutrition/food_allergies.html>

FDA, Food and Drug Administration page on reading food labels

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm254504.htm>

**Mental Health:**

MedlinePlus kids page on Mental Health

<http://www.nlm.nih.gov/medlineplus/childmentalhealth.html>

MedlinePlus teen page on mental health

<http://www.nlm.nih.gov/medlineplus/teenmentalhealth.html>

National Institute of Mental Health’s section on children and adolescents

<http://www.nimh.nih.gov/health/topics/child-and-adolescent-mental-health/index.shtml>

Substance Abuse and Mental Health Services Administration (SAMHSA) includes a wide range of information

<http://www.samhsa.gov/>

Information regarding mental health for a variety of audiences including parents, schools and professionals.

<http://www.mentalhealth.gov/talk/parents-caregivers/>

The Department of Health and Human Services includes resources, data and information on mental health in youth

<http://www.hhs.gov/ash/oah/adolescent-health-topics/mental-health/fact-sheets/state.html?s=alaska>

NAMI, National Alliance on Mental Illness, is a grassroots support and information organization

<http://www.nami.org>

The National Resource Center for Mental Health Promotion and Youth Violence Prevention offers resources and technical assistance to help communities collaborate to prevent violence and to promote the mental health of children including information for schools

<http://www.healthysafechildren.org/>

American Academy of Child and Adolescent Psychiatry

<http://www.aacap.org/AACAP/Families_and_Youth/Home.aspx?hkey=4e918a42-7a64-4c60-bf12-9c9ef6e48164>

**Websites for Parents:**

Not limited to health Fatherhood.gov offers support with resources and information to support positive fatherhood

<https://www.fatherhood.gov/>

Education resources for parents including college information

<http://www2.ed.gov/parents/landing.jhtml>

American Academy of Child and Adolescent Psychiatry’s page for parents

<http://www.aacap.org/AACAP/Families_and_Youth/Family_Resources/Home.aspx>

**Websites just for kids and teens:**

MedlinePlus topic page for children

<http://www.nlm.nih.gov/medlineplus/childrenspage.html>

MedlinePlus topic page for teens

<http://www.nlm.nih.gov/medlineplus/teenspage.html>

CDC interactive page on ‘Kid Quest’ to learn about disabilities

<http://www.cdc.gov/ncbddd/kids/index.html>

This website is devoted to health topics for girls ages 10-16

<http://girlshealth.gov/>

This website devotes itself to information covering the wide range of bullying for kids, teens, parents and educators

<http://www.stopbullying.gov/index.html>

NIDA for Teens: The Science Behind Drug Abuse (National Institute on Drug Abuse)

http://teens.drugabuse.gov/

Interactive games for teens and kids

<http://www.nlm.nih.gov/medlineplus/games.html>

Food Detectives fight bacteria  
<http://www.fooddetectives.com/>

American Academy of Child and Adolescent Psychiatry’s page for just youth

<http://www.aacap.org/AACAP/Families_and_Youth/Youth_Resources/Home.aspx>

**Curricula and school based resources, many of which include useful information for students and teachers in k-12 schools:**

MedlinePlus

<http://www.nlm.nih.gov/medlineplus/>

GeneEd

<http://geneed.nlm.nih.gov/>

Genetics Home Reference

<http://ghr.nlm.nih.gov/>

ToxMystery

<http://toxmystery.nlm.nih.gov/>

ToxTown

<http://toxtown.nlm.nih.gov/>

Household Products

<http://householdproducts.nlm.nih.gov/>

Environmental Health Student Portal

<http://kidsenvirohealth.nlm.nih.gov/>

NLM K-12 Science and Health Education

<http://sis.nlm.nih.gov/outreach/k12.html>

NLM Databases, Resources & APIs

<http://wwwcf2.nlm.nih.gov/nlm_eresources/eresources/search_database.cfm>

NLM Traveling Exhibits

<http://www.nlm.nih.gov/hmd/about/exhibition/index.html>

<http://www.nlm.nih.gov/hmd/about/exhibition/education-home.html>

**Additional health websites:**

This website includes information and tools support and create youth programs and to understand the issues youths face today

<http://findyouthinfo.gov/>

NLM’s K-12 Science Education Twitter feed

<https://twitter.com/NLM_K12>

NN/LM PNR home page with links to our own Twitter, Facebook and Dragonfly blog as well as a link to BHIC (Bringing Health Information to the Community) blog

<http://nnlm.gov/pnr/>

# MedlinePlus Magazine

<http://www.fnlm.org/program_medlineplus.php>

U.S. Department of Health and Human Services

<http://www.hhs.gov/>

Healthfinder.gov

<http://healthfinder.gov/>

Choose my plate.gov

<http://choosemyplate.gov/>

Nutrition.gov

<http://www.nutrition.gov/>

Stopbullying.gov

[www.stopbullying.gov](http://www.stopbullying.gov)

NIH, National Institutes of Health

<http://nih.gov/>

Pillbox, pill identifier

<http://pillbox.nlm.nih.gov/about.html>

**Additional K-12 Science Resources:**

EPA Environmental Protection Agency

<http://www.epa.gov/students/>

FDA U.S. Food & Drug Administration

<http://www.fda.gov/ForConsumers/ByAudience/Educators/default.htm>

National Science Digital Library

<https://nsdl.oercommons.org/>

AAAS Science Netlinks

<http://sciencenetlinks.com/>

BEN BiosciEdNet

<http://www.biosciednet.org/portal/k12/index.php>

Science Update weekly podcast produced by AAAS

[www.scienceupdate.com](http://www.scienceupdate.com)

STEM Connector

[www.stemconnector.org](http://www.stemconnector.org)

STEMdaily newsletter sign-up

<http://www.stemconnector.org/STEMdaily>

**Oregon K-12 Science Resources:**

Southwest Washington Workforce Development Council

<http://www.swwdc.org/job-resources/stemresources.html>

2009 SWWDC STEM resource list

<http://www.swwdc.org/documents/pdf/STEM%20Resources.pdf>

Oregon State University Environmental Health Sciences Center

<http://ehsc.oregonstate.edu/teachers>

Science & Engineering in the Lives of Students

<http://theselsproject.org/>

West Coast Governors Alliance on Ocean Health

<http://www.westcoastoceans.org/oal-act-member-resources>

Western Oregon University

<http://www.wou.edu/tri/CEPE/STEMresources.php>

Oregon ASK

<http://www.oregonask.org/curriculum/math-science>

Glaciers, Climate and Society

<http://glaciers.uoregon.edu/Education%20main.html>

STEM Oregon

<http://stemoregon.org/>

Oregon Pacific Area Health Education Center

<http://www.ohsu.edu/xd/outreach/ahec/k-12/index.cfm>

<http://www.ohsu.edu/xd/outreach/ahec/>

<https://www.eou.edu/neoahec/programs/in-a-box-2/>