# Reimagine Professional Wellness with Oregon's Statewide Library Resources

OLA 2023

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# YOUR PRESENTERS

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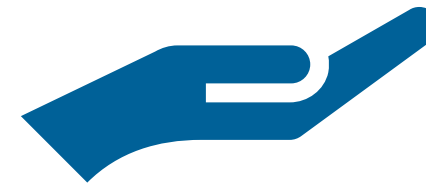# REIMAGINE PROFESSIONAL WELLNESS WITH OREGON'S STATEWIDE LIBRARY RESOURCES

**INTRODUCTION AND WELCOME**

**GALE STATEWIDE RESOURCES**

**ADDITIONAL STATEWIDE RESOURCES**

**SUPPORT**

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# EXPLORE LIBRARY TRENDS AND ISSUES

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# GALE ONEFILE: INFORMATION SCIENCE

**DISCOVER A COMPREHENSIVE PERIODICAL COLLECTION SUPPORTING INFORMATION SCIENCE AND LIBRARY ISSUES**

- **Audience**: Library staff, library science students, information science and technology professionals, and others

- **Updated daily with** articles covering all aspects of **managing and maintaining information and technology, including usability, cataloging, circulation, business information**, and more

- Use **Journal** and **Search Alerts** to stay up-to-date on your areas of interest
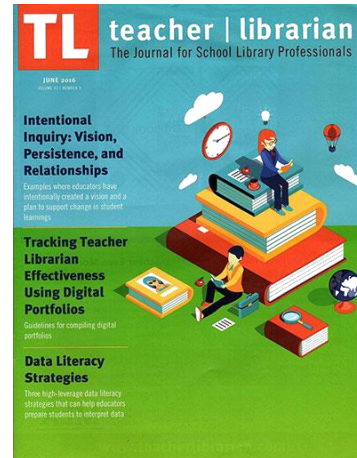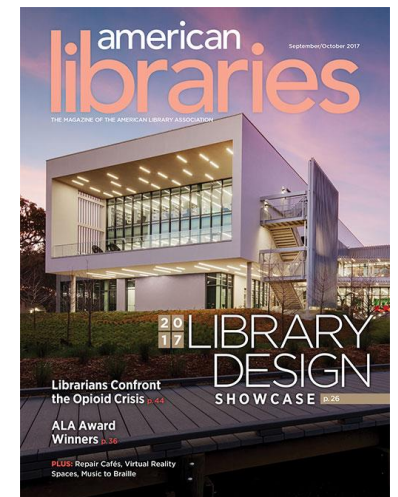
# WELLNESS IN THE WORKPLACE

# GALE HEALTH AND WELLNESS

## AUTHORITATIVE, UP-TO-DATE INFORMATION ON HEALTH TOPICS

*Gale Health and Wellness*, Gale's comprehensive consumer health resource, provides accurate, authoritative information on a full range of health-related issues

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From "tech neck" to sore feet, find ways to ease these aches and pains

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# Gale Books and Authors

## GUIDE READERS TO A GOOD BOOK

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- Over 65,000 full-text biographies – covering the most popular authors writing today complete with bibliographies, biographical detail, summaries of their body of work, and more

- More than 700,000 book reviews – from such resources as *Booklist*, *Library Journal*, and more

- 450+ awards lists – regional, national and international in scope

- 1900+ expert pick lists - librarian's favorites and subject expert's picks lists

- 700+ genres and subgenres – many titles are hand selected by our genre experts

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# DIVERSITY, EQUITY, AND INCLUSION SUPPORT



**GALE IN CONTEXT**
OPPOSING VIEWPOINTS

**GALE IN CONTEXT**
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**GALE**
ACADEMIC ONEFILE

**GETTING TO KNOW A TOPIC**

**DIGGING DEEPER INTO A TOPIC**

**GALE ONEFILE**
GENDER STUDIES

**SPECIFIC TOPIC-RELATED RESEARCH**

**GALE ONEFILE**
DIVERSITY STUDIES

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# DIVERSITY, EQUITY, AND INCLUSION SUPPORT

## GETTING TO
## TOPI

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**HIGH
SCHOOL**

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**OPPOSING
VIEWPOINTS**

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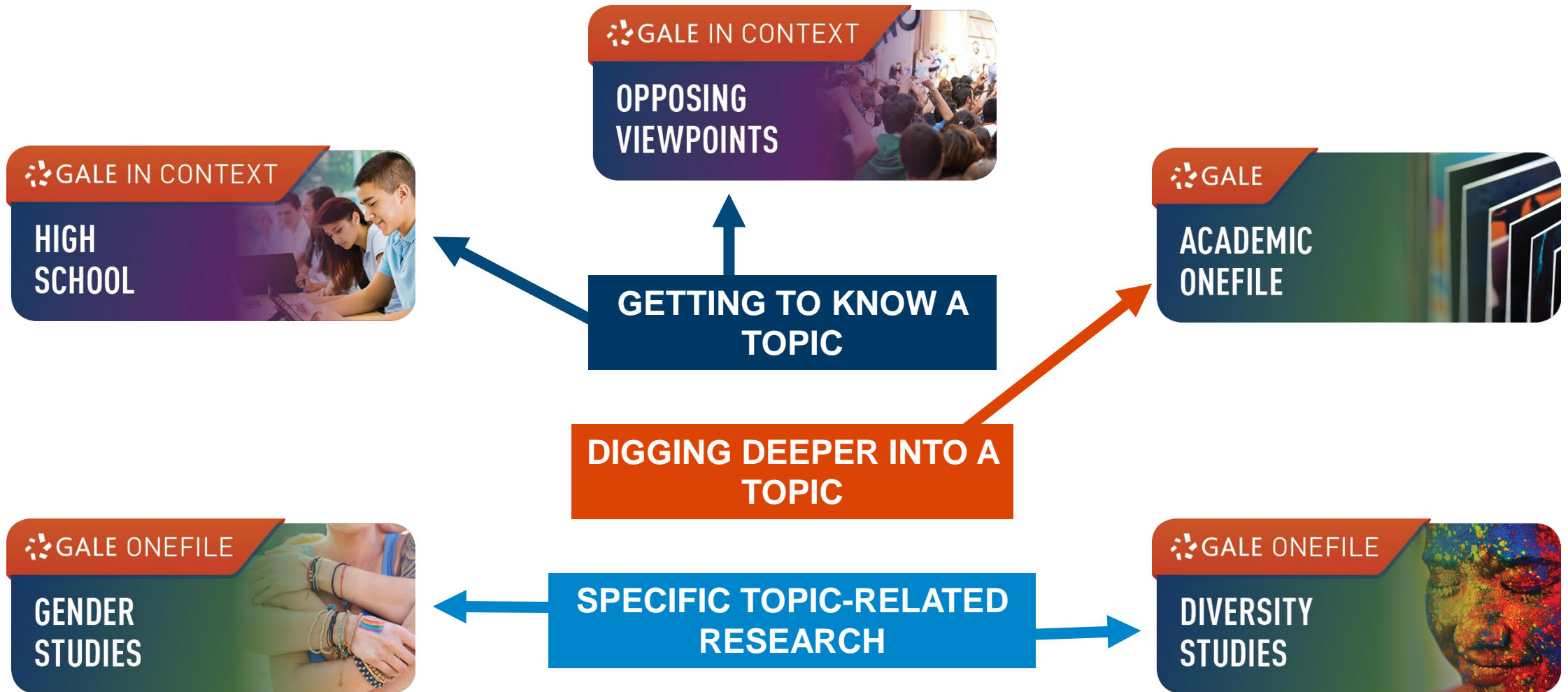
# Antiracism

**Date:** 2022

**From:** Gale Opposing Viewpoints Online Collection
**Publisher:** Gale, part of Cengage Group

**Document Type:** Viewpoint essay
**Length:** 995 words
**Content Level:** (Level 4)
**Lexile Measure:** 1110L

*Antiracism* refers to the support of policies and practices that promote racial equity. Taking an antiracist stance requires the belief that racism is *systemic*. This means that it is reproduced through social, cultural, economic, and political forces.

**Sidebar:** [Hide]

## FAST FACTS

- According to the US Bureau of Labor Statistics, median pay for white workers was 23 percent higher than Black and Latino workers in 2021.
- Black men receive prison sentences that are about 20 percent longer than white men for similar crimes.
- In 1998, researchers developed the Implicit Association Test to highlight subconscious biases against race, sexuality, or gender.

## BACKGROUND

Antiracism in the United States dates to radical slavery abolitionism. Many

## 🔭 EXPLORE

### More Like This

**Antiracism**
*Gale Opposing Viewpoints Online Collection,* 2022.

**This is what an antiracist America would look like. How do we get there?**
*Gale Opposing Viewpoints Online Collection,* 2021.

**Antiracism, Our Flawed New Religion**
*The Daily Beast,* July 27, 2015.

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### Article Contents

- Background
- Antiracism in Institutions and Organizations
- Critical Race Theory, Education, and Politics

### Related Subjects

- Black-white relations

e in support of policies, practices, and norms
an antiracist stance requires understanding
t it is reproduced through a complex set of
d political forces. Antiracism rejects the idea
can be defeated by focusing predominantly
stead, antiracist scholars and activists argue
e individual can be counterproductive
person to claim they are "not racist" even as
t further racial inequities. To be antiracist is to
policies or to develop and share...

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racism
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995 words | Viewpoint essay | Leveled | 1110L

nantling Racism Requires Cross-Racial Solidarity

# DIVERSITY, EQUITY, AND INCLUSION SUPPORT

**GETTING TO KNOW A TOPIC**

Then dig into viewpoint essays to find multiple points of view


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☆ FEATURED VIEWPOINTS (12)

**If your schools won't teach anti-racism, here's what you can do at home.**
**Author:** Meena Harris
**From:** The Washington Post

Nov. 15, 2021 | 1,012 words | Article | 1320L

**Dismantling Racism Requires Action, Not Symbolic Gestures**
**Author:** Adam Kotsko
**From:** Gale Opposing Viewpoints Online Collection

2022 | 1,696 words | Viewpoint essay | 1310L

**Pursuing 'equity' over equality reveals the nation's moral regression.**
**From:** Washingtonpost.com

July 30, 2021 | 760 words | Article | 1220L

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VIEWPOINTS (16)

**Misguided Efforts to Ban Critical Race Theory Could Backfire**
**Author:** Andrew Pierce
**From:** Gale Opposing Viewpoints Online Collection

2023 | 1,047 words | Viewpoint essay | 1650L

**Antiracism**
**From:** Gale Opposing Viewpoints Online Collection

2022 | 995 words | Viewpoint essay | Leveled | 1110L

**Dismantling Racism Requires Cross-Racial Solidarity**
**Author:** Lauren Araiza
**From:** Gale Opposing Viewpoints Online Collection

2022 | 1,261 words | Viewpoint essay | 1400L

View All 16 Viewpoints


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**GETTING TO KNOW A TOPIC**

Curate content from magazines, news, infographics, multimedia, and more


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## INFOGRAPHICS (4)

**Americans' Perceptions of Antiracism Efforts in Society and in Schools, by Race and Ethnicity, ...**
From: Gale Opposing Viewpoints Online Collection
2022   Interactive infogram

**US Public Support for Antiracist and Multicultural Education Programs, by Selected Characteristics, ...**
From: Gale Opposing Viewpoints Online Collection
2020   Interactive infogram

Americans' Perceived Appropriateness of Consumer Brands Responding to Racial Injustice, June 2020
From: Gale Opposing Viewpoints Online Collection
2020   Interactive infogram

## NEWS (1,984)

AFL star Jamarra Ugle-Hagan recreates iconic anti-racism gesture after enduring racist taunts in prior match.
From: CNN Wire
Apr. 1, 2023   419 words   Article   1320L

Anti-racism advocates say it's time to 'listen, learn and act' to tackle hate in Hamilton.
From: The Canadian Broadcasting Corporation
2023   634 words   Broadcast transcript   1460L

Bus boycotters awarded for anti-racism protest; NEWS BULLETIN

## VIDEOS (4)
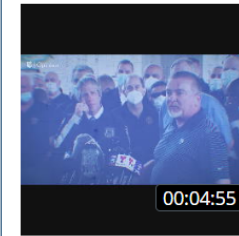

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I'm in a Police Union That Holds Bad Cops Accountable
From: NYTimes.com Video Collection
Apr. 14, 2021

Cruz asks Jackson about 'Antiracist Baby' book during her confirmation hearing.
From: The Washington Post Videos
Mar. 25, 2022

## ACADEMIC JOURNALS (22)

Coping with online racism: Patterns of online social support seeking and anti-racism advocacy associated with online racism, and correlates of ethnic-racial socializatio...
**Authors:** Brian TaeHyuk Keum and Xu Li
From: PLoS ONE (Vol. 17, Issue 12)  Peer-Reviewed
Dec. 2, 2022   10,665 words   Report   1670L

"Brown Woman" in the Netherlands: On the Rituals of Anti-racism.
**Author:** Miriyam Aouragh
From: Conflict and Society (Vol. 8)  Peer-Reviewed


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**DIGGING DEEPER INTO A TOPIC**

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Academic and scholarly journals for further research into topics

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*Search Terms:* Basic Search: equity in the workplace   Revise Search

*Applied Filters:* **Full Text** ⊗

☐ Select results 1 - 20

☐ 1. **Equity in the Workplace: Gendering Workplace Policy Analysis**
**Author:** Noreen Pupo
**From:** Canadian Woman Studies (Vol. 23, Issue 3-4) ◉ Peer-Reviewed

Spring-Summer 2004   591 words   Book review

Heidi Gottfried and Laura Reese, Eds. Lanham, Maryland: Lexington Books, 2004 Equity in the Workplace is a collection of comparative workplace policy studies of the United States, Germany, Canada, and Japan. The...

☐ 2. **Policy developments for workplace gender equity in a global era: the importance of the EU in the UK**
**Author:** Sylvia Walby
**From:** The Review of Policy Research (Vol. 20, Issue 1) ◉ Peer-Reviewed

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Smaller, subject focused periodical collections

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## Access and Product Info

**Access URLs**, title lists, **MARC records**, database icons, widgets, contact us

## Training Center

Tip sheets, **tutorials**, resource guides, recorded webinars, training decks, lesson plans, scavenger hunts

## Marketing Materials

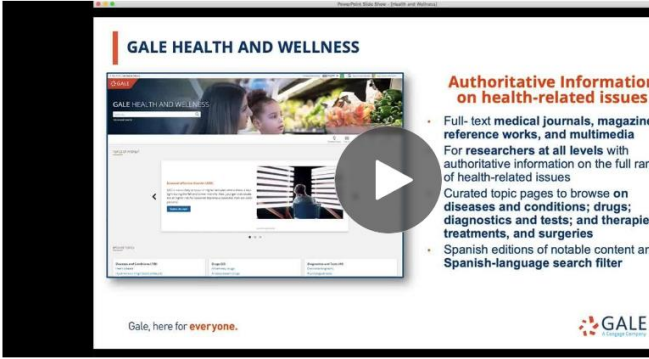**Bookmarks**, posters, **digital assets**, e-mail templates, **communication templates**, social media posts

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Gale Training

Type: Recorded Webinars | Product: Gale Health and Wellness | Last Updated: September 30, 2022

### Build Better Mental Wellness with Gale Health and Wellness

Many things can impact our mental health, especially in these stressful times, but sharing information can help give us th... take care of ourselves and others. In this recording, you'll learn about the mental health collection in Gale Health and Wel... provides information and resources to promote better mental wellness.

Duration: 30 Minutes
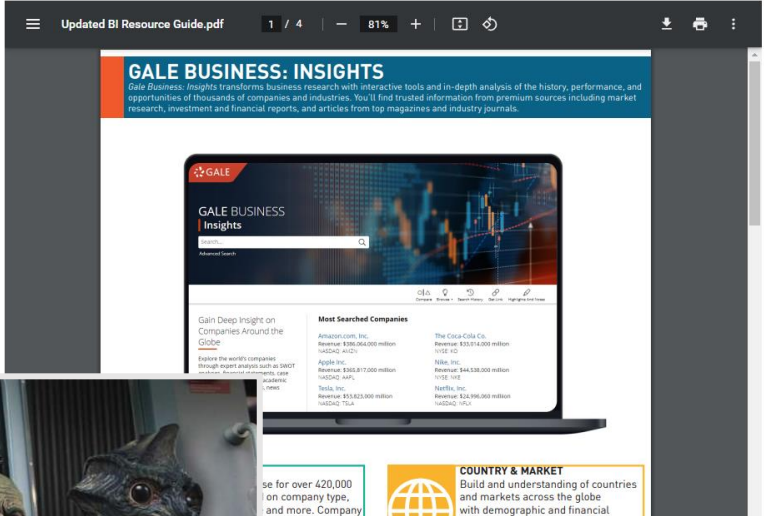
Gale Training

Type: Resource Guides | Product: Gale Business: Insights | Last Updated: December 16, 2022

### Gale Business: Insights Resource Guide

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