

## Resource for Older Adult Programming

### Adult Story Times and Literacy

Assistive Technology and tips for persons with blindness and low vision:

<https://www.asgcladirect.org/resources/blindness-and-low-vision/>

ElderSong Publications Inc: <https://www.eldersong.com> (activity newsletters and publications)

Library of Congress: <https://www.loc.gov> (variety resources including Baseball Americana exhibit and other baseball highlights, digital photo collection, historical programs and resources)

Library of Congress Center for the Book: [www.read.gov/cfb/](http://www.read.gov/cfb/) (promotes reading and literature, links to resources for book lovers and librarians by subject, poems, author webcasts, digital collections and booklists)

### Art and Literature Based Programming

Bell, Virginia and David Troxel, *Best Friends Book of Alzheimer's Activities*, two volumes, , Health Professions Press, 2007

Heinly, LaDoris, *Memories in Making*, LaDoris, 2010 (resource for tips and philosophy)

### Books - Creating Programs for Older Adults

Bennett-Kapusniak, Renee` K, *Public Library Programs and Services for Midlife and Beyond*, Santa Barbara, CA: Libraries Unlimited, 2018.

Cohen, Gene, *The Mature Mind: The Positive Power of the Aging Brain*, New York: Basic Books, 2005.

Goodman, Phyllis, *On the Go with Senior Services: Library Programs for Anytime and Anyplace*, Santa Barbara, CA: Libraries Unlimited, 2020.

[amazon.com/author/phyllisgoodman](https://www.amazon.com/author/phyllisgoodman)

[Abc-clio.com/ABC-CLIOCorporate/product.aspx?pc=A6142P](https://www.abc-clio.com/ABC-CLIOCorporate/product.aspx?pc=A6142P)

Lear, Brett W., *Adult Programs in the Library*, 2<sup>nd</sup> ed., Chicago: American Library Association, 2013.

Roberts, Ann, 2017, *Designing Adult Services: Strategies for Better Serving Your Community*, Santa Barbara, CA: Libraries Unlimited, 2017.

## **Demographics**

AARP: [www.aarp.org](http://www.aarp.org) (resources, statistics, research)

American Community Survey (ACS): <https://www.census.gov/programs-surveys/acs/> (housing and population changes within the community)

United States Census data, <https://data.census.gov/cedsci/> (community data)

National Institute on Aging: <https://nia.nih.gov> (research on health and aging)

## **General Information about Older Adults**

AARP: [www.aarp.org](http://www.aarp.org) (resources, statistics, research)

Administration on Aging (AoA): <https://acl.gov/about-acl/administration-aging> (promotes quality care of older adults with services and programs for living independently, nutrition and health)

## **Memory and Mind Programming**

Alzheimer's Association: <https://www.alz.org> (information and stats on Alzheimer's disease and dementia)

Alzheimer's and Related Dementias Interest Group (IGARD)/  
<https://www.asgcladirect.org/resources/alzheimers-related-dementias-interest-group-igard/>

Dementia Friendly America: <http://www.dfamerica.org>

Dementia Friendly America Library Sector Guide:  
<https://static1.squarespace.com/static/559c4229e4b0482682e8df9b/t/57c89321b3db2b985d790602/1472762658227/DFA-SectorGuide-Library.pdf>

Family Caregiver Alliance: National Center on Caregiving <https://www.caregiver.org/>  
(information, support and resources for family caregivers)

International Federation of Library Associations' Guidelines for Library Services to Persons with Dementia by Helle Arendup Mortensen and Gyda Skat Nielsen, 2007.  
<http://www.ifla.org/files/assets/hq/publications/professional-report/104.pdf>

Tales and Travel Memories: <http://talesandtravelmemories.com> (travel programs for persons with early dementia and Alzheimer's disease created in conjunction with Gail Borden Library. Includes resources and information)

TimeSlips™ <https://www.timeslips.org/> (storytelling with pictures)

## **Technology Connections**

GCF Learn Free: <https://edu.gcfglobal.org/en/> (basic computer and internet information and tutorials)

Generations Online: <https://www.generationsonline.com/> (computer information and instruction)

MedlinePlus: <https://medlineplus.gov/> (medical information from the U.S. National Library of Medicine)

WebMD: <https://www.webmd.com/> (online medical and drug information)

Senior Net: [www.seniornet.org](http://www.seniornet.org) (computer and internet information)