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# Transforming Teen Services: Ages and Stages



# TRANSFORMING TEEN SERVICES TRAIN THE TRAINER

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# Agenda

- ▷ Introduction to the session
- ▷ Opening icebreaker: strolling through the years
- ▷ Ages and Stages discussion
- ▷ Putting understanding into practice
- ▷ Reflection



# Workshop Outcomes

## Participants will:

- ▷ Understand the cultural concept of childhood in the United States.
- ▷ Identify the various ages and stages of child development.
- ▷ Consider developmentally appropriate services, activities, and learning environments.



# Strolling Through the Years Icebreaker



# Questions to Consider:

- ▷ How do you feel about school?
- ▷ Who are your friends?
- ▷ What do you think about your parents?
- ▷ How do you like your teacher?
- ▷ What is your favorite thing to do after school?
- ▷ What do you think about boys/girls?
- ▷ What do you dream about?



# Breakout Rooms:

Room 1, 4, 7, 10, 13:

Think about your 4th grade self

Room 2, 5, 8, 11, 14:

Think about your 7th grade self

Room 3, 6, 9, 12, 15:

Think about your 10th grade self



# Questions to Consider:

- ▷ How do you feel about school?
- ▷ Who are your friends?
- ▷ What do you think about your parents?
- ▷ How do you like your teacher?
- ▷ What is your favorite thing to do after school?
- ▷ What do you think about boys/girls?
- ▷ What do you dream about?





What were some things  
that came up for your 4th  
grade self?



# 8-10 Year Olds

## Our Bodies: Physical Development & Abilities

- ▷ More coordinated
- ▷ Early stages of puberty
- ▷ Becoming more self-conscious

## Our Minds: Cognitive Development

- ▷ Less binary in thinking
- ▷ More flexible in thinking
- ▷ Like to have jobs and roles
- ▷ Curious



# 8-10 Year Olds

## Our Ears & Mouths: Language Development

- ▷ Able to comprehend the future
- ▷ Understand metaphors
- ▷ Sarcasm

## Our Hearts & Souls: Social & Emotional Development

- ▷ Articulate feelings
- ▷ Friendships is important
- ▷ Understand empathy and discrimination
- ▷ Sense of achievement
- ▷ Want to understand why the rules



What were some things  
that came up for your 7th  
grade self?



# 11-13 Year Olds

## Our Bodies: Physical Development & Abilities

- ▷ Bodies changing rapidly
- ▷ More self-conscious
- ▷ Unwanted attention starts



## Our Minds: Cognitive Development

- ▷ Thinking is more complex
- ▷ Sense of fairness and justice
- ▷ Able to grapple with long term future
- ▷ May challenge rules - need boundaries



# 11-13 Year Olds

## Our Ears and Mouths: Language and Development

- Expanding vocabulary and language skills
- Enjoy discussing and debating
- Understand situations

## Our Hearts and Souls: Social and Emotional Development

- Friends are very important
- Want privacy with our friends
- Romantic relationships
- Want opportunities to contribute.
- Mood swings and varying energy levels,



What were some things  
that came up for your 10th  
grade self?



# 14-18 Year Olds

## Our Bodies: Physical Development & Abilities

- Approaching physical maturity but still some physical changes
- Self-conscious

## Our Minds: Cognitive Development

- Need challenges! -Capable of abstract thought
- Developing personal philosophies
- Goal oriented
- Curious and may experiment with drugs, alcohol, tobacco and other risky behaviors.





# 14-18 Year Olds

## Our Ears & Mouths: Language Development

- Enjoy discussing and debating
- Social skills and understanding
- Want to become experts in chosen art and forms of self-expression

## Our Hearts & Souls: Social & Emotional Development

- “Who Am I?”
- Friends important to us, but social networks grow
- Individual and independent
- Community consciousness and sense of social justice.
- Self-confidence
- Ready for leadership roles



# Applying this to our Library Roles

## 8-10 year olds

Build on that curiosity!

## 11-13 year olds

Build on becoming friends  
and discussion of ideas!

## 14-18 year olds

Build on need for  
self-expression, leadership  
and challenges in a safe  
environment!

# Reflection:

Take a moment to reflect and write one thing that “sparked” for you for each of these stages. This can be either a deeper understanding you gained, or how you might apply this to your role in the library.



# Evaluation

If you attended this session, please take a moment to fill out the evaluation form that is part of the Transforming Teen Services grant:

[https://docs.google.com/forms/d/e/1FAIpQLSf298gdfMINCHbPZhcarcyX6\\_IeEndMkXuk3cPtNgXiUYPp8g/viewform?gxids=7628](https://docs.google.com/forms/d/e/1FAIpQLSf298gdfMINCHbPZhcarcyX6_IeEndMkXuk3cPtNgXiUYPp8g/viewform?gxids=7628)

