



## *Transforming Teen Services: A Train the Trainer Approach*

### *Child and Youth Development Handout 2: Reflection*

Take a moment while everything is fresh in your mind to write down at least one thing that “sparked” something for you for each of these stages - this could be something where you gained a deeper understanding of this age group and/or how you might apply some of this directly to the work you do in your role at the library.

Ages 8-10:

Ages 11-13:

Ages 14-18:



### *Child and Youth Development Handout 3: A Toolbox of Resources*

Consider what you already know about the age groups you serve. Complete this handout and refer to it as a “toolbox” to help you create more interest-powered, youth-centered programming.

Age Group:

How they like to be spoken to:

The way they like their environment to look and feel:

Books they like to read:

Games they like to play:

How they like to sit to have a group discussion:

How they like to move from one place or activity to another:

Activities they love:

Activities where they need extra help and patience:

Things that help them feel encouraged and successful: