# Olalla Center's Project Bravery

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Celebrating and Serving the LGBTQIA2S+ Community of Lincoln County



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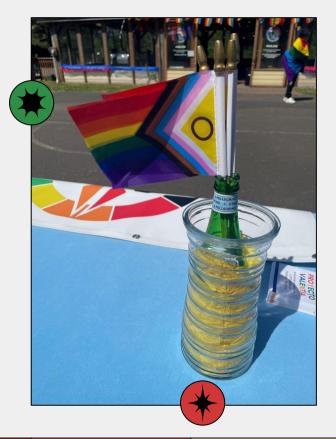
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## Our Two-Fold Mission





### **Our Two-Fold Mission**



#### Connecting

Connect LGBTQIA2S+ members of Lincoln County with basic resources:

- ★ Housing
- ★ Food
- ★ Clothing
- ★ Healthcare
- ★ Financial Assistance/Planning



#### Sponsoring

Sponsor and/or Partner to provide LGBTQIA2S+ people of Lincoln County with activities in order to prevent/alleviate:

- ★ Social Isolation / Depression
- ★ Substance Use Disorder (including use of tobacco and alcohol)
- ★ Suicidality



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# Partners & Activities





## Partners & Activities



#### Partners

- NW Coastal Housing
- Food Share of Lincoln County
- Many local, <u>inclusive</u> churches
- Integrity Coastal Health & Wellness
- ReConnections

County

Many more partnerships to

be made throughout Lincoln



#### Activities

- Bright Horizons
- Arts
- Yoga
- Nature walks / Beach cleanups
- Kayaking
- More, depending on what the Bravery community wants



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### Behavioral Health at Project Bravery



## Lincoln County Stats

County Population 50,813 (2022)

Current client count (LGBTQIA2S+) Persons Under 18



LGBTQIA2S+ Youth (Under 25)

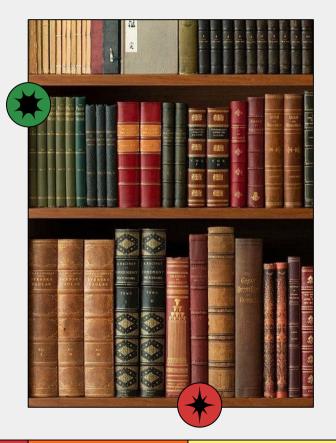
**Top Three Diagnosis - Major Depressive Disorder, Generalized Anxiety Disorder, Gender Dysphoria** 

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#### Trends

- Co-occurrence of mental health with Autism Spectrum and/or ADHD/ADD
- Pervasive bullying at school or in community
- Relocation from other states to receive transaffirming care
- Increase in Queer / Questioning / Non-Binary services
- Increased isolation marked by gaming, social media, and online consumption
- Cosseting Parent or Non-Affirming Parent(s)
- ➤ Access to services or supports locally is limited or unavailable





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### Libraries & the LGBTQIA2S+ Community

#### Equity of Access Issues Source – American Library Association

- The Library Bill of Rights affirms that all libraries are forums for information and ideas and provides for access to information for all people.
- Gay, lesbian, bisexual, and transgender peoples' access to libraries may be limited or prohibited by many issues, including:
  - Collections which do not present LGBTQIA+ content or perspectives. LGBTQIA+ materials can often be censored under partisan or doctrinal disapproval
  - Environments which are not welcoming or inclusive of LGBTQIA+ people and which, through actions by staff or other patrons, may be made unwelcome to LGBTQIA+ people and their families
  - Programs which do not address the LGBTQIA+ experience
  - Services which are not promoted to LGBTQIA+ populations or in collaborations with local LGBTQIA+ organizations

Creating Safer Spaces at Libraries Source - GLSEN (the Gay, Lesbian, & Straight Education Network)

"With your help, lesbian, gay, bisexual and transgender (LGBT) youth can use your library to enrich their lives as they search the web, read and explore your collection to learn about themselves and the world around them." – Jenny Betzd-out SENou can make your library safer and more affirming for LGBT Youth check out Tools for Librarians.



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#### Creating Safer Spaces at Libraries Source - GLSEN

- Do your **library rules** include respect for visitors and are posted where everyone can see them?
- > Do you **intervene** when you see name-calling or bullying?
- > Does your collection include books and media (LGBTQIA2S+) for all?
- > Do you **ensure access** to **LGBTQIA2S+** content on the internet
- > Do you **celebrate LGBTQIA2S+ events** such as Pride Month (June)?
- Do you incorporate LGBTQIA2S+ materials into other events, such as Banned Books Week (September), or Black History Month
- > Are your library restrooms **safe and accessible** for transgender youth?
- > Do you provide space for **Genders & Sexualities Alliances (GSA)** to meet?

Teen Mental Health Matters... Every Library Can Make a Difference!

### **Thank You!**

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<u>www.olallacenter.org/project-bravery</u> On <u>Instagram</u> and <u>Facebook</u> @projectbravery.oc **PROJECT BRAVERY** 

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If you identify as LGBTQIA2S+ and you are looking for activities (riding horses, arts, hikes, beach cleanups, book clubs, civic action, just hanging out) or resources (clothes, food, housing, healthcare, financial assistance and/or planning) in Lincoln County, please contact us.

#### **PROYECTO VALENTÍA**

Si usted se identifica como LGBTQIA2S+ y está buscando actividades (cabalgar, arte, caminatas, limpieza de playas, clubes de lectura, acción cívica, simplemente pasar el rato) o recursos (ropa, comida, vivienda, atención médica, asistencia financiera y/o planificación) en el Condado de Lincoln, por favor comuníquese con nosotros.

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